

a wife like me

Amanda Davison

INTIMACY QUESTIONNAIRE

These guided questions are meant to be asked during set aside quiet time together, free from judgement, disrespect, or repercussions.

Take turns answering, allowing for full disclosure before moving on to the next question. Remember - open communication is always a step in the right direction! Don't be discouraged if you need to pause and revisit the conversation later. Pray, and ask the Holy Spirit to help guide the conversation each time.

1. What do I enjoy about our current sex life?
 2. How do I desire our sex life to improve?
 3. Are there any positions or locations in which to have sex that I'd like to experiment with?
 4. How do I desire foreplay to look?
 5. How many times a week do I desire to have sex?
 6. How do I need to change my schedule and/or daily routine to prioritize these desires?
 7. How can I help my spouse be physically and emotionally excited for intimate time together?
 8. What do I personally need to work on for my or my spouses desires to be satisfied?
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